 

**Cold Brew Coffee Shake**



**Description:** Get a jolt of energy to start your day off right with this cool and creamy java smoothie. The indulgent and rich texture comes from the potatoes and will have you feeling great all morning long.

**Recipe by:** Potatoes USA

**Website Link:** https://www.potatogoodness.com/recipes/cold-brew-smoothie/

**Ready Time:** 5 min

**Potato Type:** Dehydrated potato flakes

**Makes: 5 smoothies (12 oz each)**

**Ingredients**

* 3 cups Cold Brew Coffee Concentrate
* 1 cup Whole Milk
* 2 Tablespoons Instant Espresso Powder (more or less to taste, depending on preference)
* 2 cups Standard US Potato Flakes
* 1 cup Sweetened Condensed Milk
* ¼ cup Simple Syrup
* 2 teaspoons Vanilla Extract
* 3 cups Ice

**Preparation**

1. In a large Vitamix blender combine cold brew coffee, milk, espresso powder, and potato flakes until well combined and flakes have thickened the mixture.
2. Add condensed milk, simple syrup, vanilla extract and ice and blend until smooth.
3. Serve immediately.

**Nutritionals**

Calories - 414

Fat - 1.5g

Sodium - 529mg

Cholesterol - 31

Vitamin C - 22mg

Carbohydrates - 90g

Fiber - 6g

Protein - 14g

Potassium - 1417mg